90 Green Power Smoothie Recipe

Ingredients:

- 2 handfuls organic kale or organic spinach
- 1 cup frozen organic blueberries
- 1/2 cup frozen organic pineapple chunks
- 1 tsp organic raw honey
- 1 cup distilled water
- 1/4 tsp organic turmeric
- 1/4 tsp organic ginger
- 1 oz Plant Derived Minerals
- 2 scoops BTT 2.0
- 1 scoop Osteo-fx

Instructions:

Blend everything together until smooth, pour, and enjoy.

This smoothie is more than a drink-it's your daily dose of minerals, antioxidants, anti-inflammatory support, and the 90 essential nutrients your body craves... all in one glass.

A printable PDF of this recipe is included so you can pin it to your fridge or share it with friends.

Here's to nourishing your body while eating (and drinking) like royalty.